

# my diabetes + my way



- + Access your diabetes data online
- + Learn more about diabetes
- + Complete free online courses
- + Improve your health

SCAN THE QR CODE  
to access the website



MyDiabetesMyWay

[mydiabetesmyway.scot.nhs.uk](https://mydiabetesmyway.scot.nhs.uk)

iOS and Android apps available